



ACTIVE ELECTROLYTE HYDRATION

GRAPE
INSTANT DRINK MIX

Directions: Add drink mix to water. Mix or shake well until dissolved.

Nutrition Facts

45 servings per container

Serving size 1 scoops (8g)

Calories per serving **25**

Amount/serving	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 70mg	4%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 0g	0%

Vitamin D 0mcg	0%
Calcium 54mg	4%
Iron 0mg	0%
Potassium 47mg	2%
Vitamin C 10mg	10%
Vitamin E 3mg	20%
Vitamin B12 1.4mcg	60%
Magnesium 15mg	4%
Riboflavin 0.4mg	30%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Mixing Ratio:	
Drink Mix	Water
1 scoop	2 cups (16 fl. oz.)
2 scoops	4 cups (32 fl. oz.)
4 scoop	8 cups (64 fl. oz.)
8 scoops	1 gallon (128 fl. oz.)

INGREDIENTS: Cane sugar, citric acid, natural flavor, calcium lactate, magnesium (magnesium amino acid oligofructose complex). Contains 2% or less of: sodium citrate, calcium (calcium amino acid oligofructose complex), beet juice (for color), potassium chloride, salt, sucralose, fruit and vegetable powder (for color), stevia leaf sweetener, vitamin C (ascorbic acid), vitamin E (d-alpha-tocopherol), vitamin B12 (cyanocobalamin), riboflavin.

Made in a facility that also processes milk, tree nuts, soy, and shellfish

GLUTEN-FREE

